

# TOUR Info Guide 2019



### GENERAL INFO

### **ACCOMMODATION**

Mar 4<sup>th</sup> & 5<sup>th</sup>: Flock Hill Lodge, Craigieburn

Mar 6<sup>th</sup> – 11<sup>th</sup>: Pinewood Lodge, 48 Hamilton Road, Queenstown, Otago, NZ







#### LOSS OF LUGGAGE

If your bags go missing on arrival (of which we really hope not), then use the below address for delivery, based on where we are staying on what days. (Highly advise to carry your helmet, bike shoes and bike pedal on the plane with you):

Mar 4<sup>th</sup> & 5<sup>th</sup>:

Flock Hill Lodge, State Highway 73, Canterbury 7875, NZ

Flock Hill Lodge Number: 03-318-8196

My cell number: 021-069-7707

Mar 6<sup>th</sup> – 11<sup>th</sup>: Pinewood Lodge, 48 Hamilton Road, Queenstown, Otago, NZ

### LAUNDRY FACILITIES

There will be coin operated laundry facilities at both accommodation locations if you need it

### PROTECTION - KNEE PADS? FULL FACE?

I highly recommend knee pads, but full face verse half lid it totally up to you. You are going to be out there riding for 3-5hrs a day so taking a full face is a commitment but I know some of you may have had previous head injuries and this is priority for you, so all good – but an enduro/regular helmet will be just fine.

### **WEATHER**

Be prepared for anything. You are in the mountains of NZ that have a mind of their own. It could be 25-30 deg Celsius, sunny and super hot or it could be clouded in, windy, rainy, cold and down to below 10 deg's. But since we are into March, there is higher chance of some rain and some cooler days. Bring a rain jacket, some warm base layers and warm gloves just to be sure.

### **BIKE BOX TRANSER**

We will be transporting ALL bike boxes to Queenstown so you will have them on the last day when we are done.









### FOOD DURING THE DAY

Most days you will but your sandwich/lunch and snacks in your pack for the day to eat while out riding. There will be the usual lineup of food: bananas, bars, snacks, muffins, electrolyte, water etc. to load your packs up each day. If you have favorite riding food and snacks and/or have allergies to certain foods, then bring your own favorite snacks along.

### **MEALS**

All meals are included for those on the all-inclusive package. You will get dinner each night, breakfast each day that will include a few hot items like eggs and bacon along with full continental of cereal and toast selections. You will be provide with a sandwich for lunch each day and this is either when you finish, or out on course, based on what the day looks like.









### **RIDING SPEED**

Remember this is the TOUR, not the race. We want to keep this fun and relaxing for you all. But we also understand that everyone has different abilities and speeds. We have a nice small group of 10, with 4 of us looking after you. We will most likely split into 2 groups based on pace and preference after day 1, but still ride all the same stuff, just at different speeds.

### DAY 2'S MASSIVE DRIVE

Day 2 requires us to move from Craigieburn to Queenstown. This drive is stunning on a nice day, but please note it's a 6-7hr drive. It's huge. Something we have struggled with for the past 4 years of the race, on it being too much. But we just can't let go of having you ride in and experience both Craigieburn and Queenstown – it's a true treat and you will see why.

### TRAVEL INSURANCE - TRIP CANCELLATION INSURANCE

At this point you should all have your travel insurance and it looks like you have all purchased the Trip Cancellation / Refund Protect. We are now into the time frame of no refunds for cancellation and this is where your Refund Protect will come into play if you can't make it and the reason falls under one of their categories on their policy.

## ARRIVAL - PICKUP DETAILS

### 2 OPTIONS:

### Shuttle from Queenstown to Craigieburn:

- Meeting at Pinewood Lodge (48 Hamilton Rd, Queenstown) at 8.00am
- This is a 6hr drive to get the rest of the group from the Christchurch Airport, then another 1hr to our final destination
- If you have a bike bag/box, we can leave those at Pinewood Lodge, so make sure your bike is built and you have everything out of your bike bag/box. You will get this back when we get back to Queenstown on Day 3 of the tour

### Christchurch Airport Pickup:

- You will get picked up at the Christchurch Airport at 3.30pm
- Make sure you put your bikes together at the airport, ready to load them on the bike trailer for 3.30pm
- See below for meeting location map: follow the signs to 'The Loop' / Express Parking curb pick up area, once at the curb pick up area, make your way through / to the back of the express parking and you will see us pull up there around 3.15pm



### DEPARTURE DETAILS

We can take you to the Queenstown airport around 9-10am. If you would like to go later than that, then there is a Super Shuttle company that you can book. They are around \$15-30 based on how many of you are booking at once.

# **TOOLS & MECHANICS**

### **TOOLS AND REPAIRS**

We will have a tool box of supplies that is on hand every day for you to use – this includes a Bontragger Tubeless sealing pump for those running tubeless. The tool kit has basically everything you need to do any self fixes. One of our guides can repair most things on your bike if you have the parts. The first 2 days in Craigieburn are pretty remote with no access to bike shops or parts. But once we get to Queenstown for the rest of the trip you will have access to almost anything you need from the many bike shops there.

# PACKING LIST

### PACKING LIST (JUST SOME IDEAS)

- Spare Hanger specific for your bike
- Allen Key Set for backpack
- Shock Pump (or share between friends coming we will have one if you don't want to bring one)
- Spare tubes (you can buy extra's from bike shops when you arrive if you go through them)
- Patch kit
- Sidewall patches
- Tire Levers
- Rain Jacket
- Warm base layer
- Earplugs for sleeping;) .....very important!
- Power adaptor/converter if coming from overseas to charge your laptops/phones etc
- Headlamp
- Along with all the obvious stuff of bike, bike shoes, helmet, toothbrush etc ;)
- You WON'T need a sleeping bag or pillow

### DAILY SCHEDULE

#### MONDAY MAR 4 - ARRIVAL DAY

8.00am: Shuttle departs Queenstown 3.30pm: Christchurch Airport Pickup

6.30pm: Dinner and welcoming with briefing for the week

#### TUESDAY MAR 5 - CRAIGIEBURN

7.30am: Breakfast

8.30am: Departure for ride

8.30am-2.00pm: Out riding – finish at Flock Hill Lodge for Dinner

2.00pm-3.00pm: Cave hike

3.00pm-6.00pm: Chill, wash bikes etc

6.00pm: Dinner

(Bring a day pack to put and leave in the van, with some clothes & hiking shoes that you don't mind getting wet in case we decide to do a 30min refreshing cave walk after the ride. Bring headlamp!)

#### WEDNESDAY MAR 6 - CRAIGEIBURN

7.00am: Breakfast 8.00am-12.00pm: Riding

1.00pm: Depart drive to Queenstown (6hr drive)

8.00pm: Dinner

#### THURSDAY MAR 7: QUEENSTOWN (Coronet Peak)

8.00am: Breakfast9.00am: Depart for ride

9.30am-2.30pm: Riding

2.30pm: Post rides drinks/food at Arrowtown Fork n Tap Pub

6.30pm: Dinner

#### FRIDAY MAR 8 - ALEXANDRA

7.15am: Breakfast

8.15am: Departure for Alexandra for the day (1hr 20min drive)

9.45-2.45pm: Out riding in Alex – finish at local pub!

4.00pm: Depart back to Queenstown

6.30pm: Dinner

### SATURDAY MAR 9 – QUEENSTOWN (Cardrona)

8.00am: Breakfast

9.00am: Shuttle depart accommodation for Cardrona (1hr drive)

10.15am-2.30pm: Out riding - finish at Cardrona Pub

2.30pm-3.30pm: Beers at Cardrona

3.30pm: Depart back to Queenstown Accommodation (50min drive)

6.30pm: Dinner

#### SUNDAY MAR 10 - QUEENSTOWN

8.00am: Breakfast 9.00am: Out riding

1.00pm: Beers back at Pinewood Lodge – chill out for the afternoon

6.00pm: Dinner

#### MONDAY MAR 11 - DEPARTURE DAY

9am-10am: Shuttle to Queenstown Airport if required – On your own for breakfast this morning.

# RIDING / COURSE DETAILS

### Day 1: Craigieburn

- Alpine Riding, Beautiful Scenery (if not clouded in!), mix of trail types from high speed flow, to roots, and loose dirt, with some steeps mixed in. This day has a little bit of everything and depending on the weather will depend on how it rides. A solid day of climbing.
- Approx 30km, Approx 1450m of climbing, Approx 4-6hr day

### Day 2: Craigieburn

- This is our big drive day so the riding will be a little bit of a shorter day, after the big day yesterday and what will be a big day tomorrow, you will appreciate a shorter day today!
- Approx 25km, Approx 800m of climbing, Approx 3 3.5hr day

### Day 3: Queenstown – Coronet Peak

- This is pure alpine riding, with crazy scenery and a mix of open tussock flow trails with a bit of technicality to throw in there to keep you on your toes.
- Those with true distance stamina will shine on this day as there a few longer descents
- The last stage will be the steepest and toughest of the week, so save some energy
- Approx 33km, Approx 1300m Climbing and a whopping 3000m of Descending, Approx 5hr day

### Day 4: Alexandra (on private land)

- This day is different to all the rest. You will be riding dry and rocky terrain today but stupidly fun trails!
- The locals have created an art with trail building and incorporating rock features and the use of terrain into all their trails
- This will be the day that you will be thankful you are not doing the race and doing the tour as you have to keep your eye closely on where the trail goes before you find yourself unsure of where you are so going at a more respectful pace then race pace will make it so much more fun!!
- It's also on its own climate zone and the heat can really creep up and there are no trees or shade on course so be warned and ready and hope for a cooler cloudy day.
- The terrain is more shorter climbs and short descents, so it's a nice break from the other days that have longer climbs.
- Approx 30km, Approx 1200m of Climbing and Descending, Approx 4 4.5hr day

### Day 5: Queenstown (Cardrona)

- We head to Cardrona Bike Park today enjoy some lift accessbile trails
- Finishing with their Peak to Pub, from the peak of the ski field to the very valley bottom!
- Approx 20km, Approx 500m of Climbing and 2000m of Descending, Approx 3-4hrs day

#### Day 6: Queenstown (Ben Lomond Saddle / Fernhill)

- The pedaling ain't over yet let's get you high up above Queenstown one last time with nothing but incredible views.
- The final descent of the day will provide 2 options for the group, an advanced option and an intermediate option
- Approx 20km, Approx 1200m of Climbing and 1700m of Descending, Approx 3-4hrs day but we can add in as much as you want if you are up for more!

# ADDITIONAL COSTS - WHAT'S INCLUDED

### As you know, you have signed up for an All-Inclusive Package. So what is included:

- 7 Nights accommodation
- Airport pick up and drop off
- Hot dinner each day (March 5<sup>th</sup> 10<sup>th</sup>)
- Lunch each day wraps or sandwich buns (March 5<sup>th</sup> 10<sup>th</sup>)
- Dinner each night (March 4<sup>th</sup> 10<sup>th</sup>)
  - o On the Queenstown nights, we will be eating at a variety of local restaurants for you to sample the quality in Queenstown we will give guidelines on the menu of what you can order.
- Snacks for your pack each day and for end of ride (bananas, apples, muffins, candy, bars, etc)
- Guides each day to lead you through the trails
- Transport each day to the trail head and return
- Beer at end of rides when we can supply it

#### What's not included:

- Additional Food you choose to purchase
- Food and beer at pubs
  - Eg some days we will finish at a pub where you can choose to buy a beer or 2 and/or buy some food/snacks at the pub
- Drinks/Beer when we eat out for Dinner each night is up to you to buy