

Info Guide 2019 - Version 2





SHIMANO

#### GENERAL INFO

#### **ACCOMMODATION**

Feb 23rd to Feb 25th: Mix between Flock Hill Lodge and houses at Castle Hill Village - Craigieburn Feb 25th to Mar 2: Everyone at Pinewood Lodge, Queenstown









Mtn Bike House's

Nights 1 & 2 – Area Map

#### LOSS OF LUGGAGE

I don't really want to say it, but with 120 people arriving on Feb 24th and with a majority of this amount arriving by flights, there is a change baggage/bikes won't make it. We always hope not but if you need to give an address to the airline for your missing bags to be delivered to, then we will be at the below address. (Advised to carry your helmet, bike shoes and bike pedal on the plane with you):

Feb 23rd to Feb 25th (leaving that day by 12pm)

Flock Hill Lodge, State Highway 73, Canterbury 7875, NZ

Flock Hill Lodge Number: 03-318-8196

My cell number: 021-069-7707

Feb 25th to Mar 2:

Pinewood Lodge, 48 Hamilton Road, Queenstown, Otago, NZ

#### LAUNDRY FACILITIES

There will be laundry facilities at both Flock Hill Lodge and Pinewood Lodge if needed. But remember there are 120 of you, so don't guarantee you will see the washing machines free everyday!

#### PROTECTION - KNEE PADS? FULL FACE?

There are no requirements or rules that you have to wear a full face helmet, knee pads, or elbow pads. I highly recommend knee pads. You are going to be out there for 3-5hrs a day so taking a full face is a commitment but I know some of you may have had previous head injuries and this is priority for you, so all good – but an enduro/regular helmet will be just fine and if bringing a full face, I recommend either a bell helmet (removable chin piece), or brining your half lid as well so you don't suffer on the climbs with just your FF.

#### **WEATHER**

Be prepared for anything. You are in the mountains of NZ that have a mind of their own. It could be 25-30 deg Celsius, sunny and super hot or it could be clouded in, windy, rainy, cold and down to below 10 deg's. It makes it super tough for packing, but I will update you all the week before on what the weather gods are looking to deal us for the week to give you a rough idea! Bring a rain jacket, some warm base layers and warm gloves just to be sure. Year 1 of Trans NZ was full on torrential down pour and day 4 was in the 30's Celsius, so come prepared!









#### **FOOD & WATER STATIONS ON COURSE**

There will be a minimum of 1 food/water station each day on course at around the half way point. There will be the usual lineup of food: bananas, bars, snacks, muffins, electrolyte, water etc. If you have favorite race food and snacks and/or have allergies to certain foods, then bring your own favorite snacks along. Some days there will be extra water supplies on course (eg fresh water creeks to fill from or passing via the food/water station more than once. So some days you might want a backpack and other days you might be able to go with just a bum bag (fanny pack) or 2 x water bottles. Each night the course map gets posted for the next day and this map outlines where the water station is and if there are any other water supplies on course so you can decide your plan of attack the next day on whether you go with a pack or 2 x water bottles.

#### **MEALS**

All meals are included for those on the all-inclusive package. You will get dinner each night, breakfast each day that will include a few hot items like eggs and bacon along with full continental of cereal and toast selections. You will be provide with a sandwich for lunch each day and this is either when you come in to the finish line, or out on course, based on what the day looks like. NOTE: those on the Dirtbag Package still get the lunch/sandwich during the day.









#### **CUTOFF TIMES AND LIAISON STAGES**

We will not be allocating any cutoff stages on the first day and you do not have any time restrictions for liaison sections between stages. I want to keep this fun and relaxing for you all. But if I find some people out there are having picnics and really taking their time, then I might have to enforce some course cut off times for the following days. If you need more time on course to get through it, then make sure you are one of the first to start on course each day.

#### **BUYING FOOD - BRING SNACKS**

Note that if you are getting picked up from the Airport on Feb 23rd, you will be heading straight out to the mountains. There are **NO SHOPS** out there. If you need to buy snacks or any other supplies we can have the shuttle drivers stop at the small convenience store on the way out. We don't pass any major grocery stores, so options will be limited. Once you hit Queenstown at the end of day 2, we are staying about a 3min bike ride from a grocery store and anything else you can think of.

#### **BIKE BOX TRANSER TO QUEENSTOWN**

We will be transporting ALL bike boxes to Queenstown so those that will be staying there after the race is over will get their bike boxes back then, those that are getting the shuttles back to Christchurch you can either pack your bikes up before you leave or leave it out and throw it on the bike trailer. NOTE: if you get injured during the race and need to head home – your bike box/bag WILL NOT BE ACCESSIBLE to get until the end of day 6. You will have to use a cardboard bike box to fly home and we will work out arrangements to get you your bike bag after the race is over. If you see the jigsaw in how they get loaded in the storage trucks you will see why;)



#### CHARGING PHONES AND ELECTRICAL DEVICES

There will be power outlets in all the rooms for each night of the accommodation.

#### COFFEE

DAY 1 AND 2 - I have your real attention now right? So here is the deal. The first 2 mornings at Craigieburn, there will be regular drip coffee out at breakfast, But for those that need their espresso fix, the lodge also have an espresso machine at regular coffee prices so bring cash – note it might get busy though

DAY 3 TO 6 – We normally have a coffee van set up each morning for you. That company has now retired but I am in the works of getting them replaced with another one!







#### **CELL COVERAGE AND WIFI ACCESS**

There will be no cell/mobile phone coverage for the first 2 nights at Flock Hill Lodge. If you are staying at the house's at Castle Hill Village then you will get coverage there. There is wifi available at a cost at Flock Hill but it's not all that good. You will have full coverage and wifi access at Pinewood Lodge from nights 2-6.

#### DAY 2'S MASSIVE DRIVE

Day 2 requires us to move from the beauty of Craigieburn to the spectacular Queenstown. This drive is stunning on a nice day, but please note it's a 6-7hr drive. It's huge. Something we have struggled with for the past 3 years on it being too much. But we just can't let go of having you ride in and experience both Craigieburn and Queenstown – it's a true treat and you will see why!

#### TRAVEL INSURANCE - TRIP CANCELLATION INSURANCE

At this point you should all have your travel insurance in place. We are now into the time frame of no refunds for cancellation (January 1<sup>st</sup>) and this is where your Refund Protect will come into play with if you choose that option upon payment, of which 90% of you did. If you get injured and can't come anymore, then I will provide you with the details on how to make your claim and get your refund processed from Refund Protect.

#### ARRIVAL - PICKUP DETAILS

#### CHRISTCHURCH DOWNTOWN SHUTTLE PICKUP - FEB 23RD

- For those of you landing before Feb 23rd or that are already in Christchurch, then you will get picked up from out front of YMCA Downtown Christchurch, 12 Hereford St.
- Be out front ready to load at 10.30am for an 11am departure or sooner if loaded
- Have your bikes built and everything out of your bike bags/boxes as you won't see them again until day 6

#### **AIRPORT SHUTTLE INFORMATION - FEB 23RD**

Those arriving at the airport on Feb 23rd:

- See the map below of our meeting point. Grab your bags from baggage claim, follow the signs to 'The Loop' / Express Parking curb pick up area, once at the curb pick up area, make your way through / to the back of the express parking and you will see us set up there with our vans and trucks bring your bike boxes out there and build your bikes once you check in with us! See map below
- You will be putting your bike together at the airport before loading in the shuttle vans. You bike boxes/bags will go in a separate storage truck, you will **not see those boxes/bags until the end of the race**. There are a few bike stands and tools to put your bikes together there. You will then get taken to Craigieburn (1hr 15min drive away).
- Shuttles vans will leave as soon as they are full. You will get allocated to one once you check with us at the load point and then have your bike built and ready to go. Starting around 10.15am and going about every 1-2 hours until the last one at 4pm

Once taken out to your accommodation there are **no food supplies and no shops** and we are somewhat isolated! The shuttle van drivers can make a stop on route if you need to buy some lunch/food/snacks, but options are limited. We provide dinner that night and all meals from that point forward (breakfast, lunch, dinner and on course snacks).



FILL OUT YOUR ARRIVAL TIME

ASAP ON THE ONLINE

SPREADSHEET

#### **TOOLS & MECHANICS**

# **SHIMANO**

#### WHAT TOOLS WE HAVE AND WHAT TO BRING

We are real lucky to have Shimano NZ on board as our official tech support. They will have the Shimano Tech Vehicle and the full set up along with 2 x mechanics to help you guys out all week long. These guys will have all the tools needed and be there to



do any minor tweaks needed at the end of each day. If you need any parts or major servicing then they can do this too but at a cost based on what is needed to be done. For those running Sram components out there, they will have a stock of supplies to help you guys out too – gotta love how the biking community looks after each other! They will also have extra tubes, tires, break pads etc if you are in need of any emergency purchases. But we recommend you bring an extra set of pads for your specific brand just in case. On day 1 and 2 we are remote and in the mountains, so the supplies they have is all we have access to. From the end of day 2 we are in Queenstown and you will have access to all sorts of supply's and bike shops if you need something more specific that the Shimano tech support team doesn't have.

Trans NZ will also have a tool box of supplies that is on hand everyday for you to use – this includes a Bontragger Tubeless sealing pump for those running tubeless.

#### PACKING LIST

#### PACKING LIST (JUST SOME IDEAS)

Now keeping in mind what tools and supplies we will have for you above, these are some things you should bring:

- Spare Hanger specific for your bike
- Allen Key Set for backpack
- Shock Pump (or share between friends coming we will have one if you don't want to bring one)
- Spare tubes (you can buy extra's from mechanics if you go through them)
- Patch kit
- Sidewall patches
- Tire Levers
- Sleeping Bag & Pillow Case (only those on the dorm room all inclusive package need these sheets/blankets are provided for those on the )
- Rain Jacket
- Warm base layer
- Earplugs for sleeping ;) .....very important!
- Power adaptor/converter if coming from overseas to charge your laptops/phones etc
- Headlamp
- Along with all the obvious stuff of bike, bike shoes, helmet, toothbrush etc;)

#### DAILY SCHEDULE

# \*\*NOTE: THIS SCHEDULE WILL GET TWEAKED AND CHANGED BETWEEN NOW AND THE EVENT – SO JUST USE IT AS A GUIDE UNTIL YOU GET THE 'FINAL' VERSION!

#### SATURDAY FEB 23RD: (Arrival Day) FLOCK HILL LODGE

10.15am Airport Shuttles starting, leaving every 1-2hrs until 4pm

10.30am: Shuttle from Downtown Christchurch (Loading at 10.30am for an 11am departure)

6.00pm: Wave 1: Dinner at Flock Hill Lodge for those staying in the Dorm/Backpackers building of Flock Hill Lodge

6.15pm: Wave 2: Dinner at Flock Hill lodge for the rest of you staying at Flock Hill Lodge 6.30pm: Wave 3: Dinner at Flock Hill lodge for those coming from Castle Hill Houses

6.50pm: Wave 4: Everyone on the volunteer team

7.15pm'ish: Mandatory Briefing at Flock Hill Lodge Restaurant (including those on the Dirtbag Package)

#### SUNDAY FEB 24TH: - (Craigieburn)

7.55am: Shuttles leave Castle Hill Houses to Flock Hill for Breakfast – be ready to ride with all your riding gear

7.20am: Wave 1: Breakfast for volunteers (40 people)

7.30am: Wave 2: Breakfast for those staying at Flock Hill Lodge in the Dorm/Backpackers building (36 riders)

7.45am: Wave 3: Breakfast for everyone else staying at Flock Hill Lodge (40 riders) 8.10am: Wave 4: Breakfast for those coming from Castle Hill Village (45 riders)

8.10am: Course Marshal Shuttle leaves Flock Hill

9.00-10.00am: Shuttles leaving to drop you off at start line (5 min drive)

9.05–3.00pm: Riders on course

1.30–3.30pm: Riders finishing at Castle Hill Village – Bike Wash for ALL riders set up at Finish Area

2.30-6.00pm: **5 HIMP 10 TECH** tent set up at Flock Hill Lodge

2.30–4.00pm: Flock Hill Lodge: Shuttles are running to take riders back to your accommodation when ready

Castle Hill Village: Head back to your house with your bike whenever ready and chill until dinner

6.00pm: Shuttles leaving from Castle Hill Village accommodation to bring you to dinner

Have your bikes with you to load on the trailer to take to Flock Hill for storage for the night

Put your bikes in the barn before heading to dinner (thanks;)

6.00pm: Wave 1: Dinner at Flock Hill Lodge for those staying in the Dorm/BackPackers building of Flock Hill Lodge

6.15pm: Wave 2: Dinner at Flock Hill lodge for the rest of you staying at Flock Hill Lodge6.30pm: Wave 3: Dinner at Flock Hill lodge for those coming from Castle Hill Houses

6.45pm: Wave 4: Everyone on the volunteer team

7.15pm: Race briefing for next day and some pictures/vid to show (self supported riders optional attendance)
7.30-8.00pm: Shuttles leave back to Castle Hill Village straight after briefing – do not miss your shuttle back!!

#### MONDAY FEB 25TH - (Craigieburn)

6.40am: Shuttles leave Castle Hill Houses to take riders to Flock Hill for Breakfast & Start

\*\*Load all your luggage with you as you aren't coming back to the houses

6.20am: Wave 1: Breakfast for volunteers (40 people)

6.30am: Wave 2: Breakfast for those staying at Flock Hill Lodge (for those that need more time on course)
6.45am: Wave 3: Breakfast for everyone else staying at Flock Hill Lodge (the medium and faster riders)

7.00am: Wave 4: Breakfast for those coming from Castle Hill Village (45 riders)

7.00am: Course Marshals leave to head out on course

8.00–8.45am: Shuttles leaving to drop you off at start line (5 min drive) – start at 7.45am if riders are ready

11.00–1.00pm: Riders finishing at Flock Hill

12.00–1.30pm: Shuttles leaving Flock Hill to head to Queenstown (6-7hr drive) 7.00-10.00pm: **5HIMANO TECH** tent set up at Pinewood Lodge

7.00-8.30pm: Arrive Queenstown

7.00–9.00pm: Just head to dinner when you bus arrives and you check into your accommodation

\*\* NOTE: there is no briefing tonight as its done at the top of the hill the next morning

#### TUESDAY FEB 26TH - (Queenstown)

7.20am: Breakfast for volunteers (40 people)

7.30am: Wave 1: Breakfast for those in Unit E, F and G – AND those handful of riders that need

more time on course

7.45am: Wave 2: Breakfast for those in Unit I, J, K, L, P
8.10am: Wave 3: Breakfast for those Unit B, M, N
8.45am: Volunteer Shuttles leave – 20min drive

8.40am: Start loading shuttles for Riders

8.45am: All the slowest riders to load in a van to leave 15mins early

9.00am: ALL Shuttles leaving Pinewood Lodge together

9.30am: Riders on course (everyone to reach the start of stage 1 for briefing before we start racing, 45min ride)

3.00–5.30pm: Riders finishing

3.30–5.30pm: Shuttles leaving back to Pinewood Lodge (20min drive)
4.00pm+ TECH tent set up at Pinewood Lodge

6.30am-7.30pm: Similar order to breakfast (if you all arrive at 6.30pm there will be a massive line!)

7.45pm: Briefing for next day and pictures/video to show

#### WEDNESDAY FEB 27TH - (Cardrona)

6.50am: Volunteers Breakfast

7.00am-8.00am: Breakfast – self seed yourselves anytime between 7-8am (same shuttle spots as day before)

8.00am: Marshal Shuttle leaves for Cardrona

8.30am: Wave 1 Shuttles leave for Cardrona (1hr 10 min drive) – Slowest 12 riders and top 10 from each category

8.50am: Wave 2 Shuttles leave for Cardrona (1hr 10 min drive)9.10am: Wave 3 Shuttles leave for Cardrona (1hr 10 min drive)

10.15am: Riders on course1.30pm–3.30: Riders finishing

2.30pm-4.30pm: Shuttles leaving back to Queenstown (50min drive)

4.00pm+ **5 HIMPIO** TECH tent set up at Pinewood Lodge

6.30pm: Wave 1 Dinner at Pinewood Lodge (for vans that lefts Finish first)
6.50pm: Wave 2 Dinner at Pinewood Lodge (for vans that left Finish middle)
7.10pm: Wave 3 Dinner at Pinewood Lodge (for the last vans to leave Finish)

7.45pm: Briefing for next day and slideshow to show

#### THURSDAY FEB 28TH - (Alex)

6.50am: Volunteers Breakfast

7.00am-8.00am: Breakfast – self seed yourselves anytime between 7-8am

7.45am: Marshal Shuttle leaves for Alex

8.15am: Wave 1 Shuttles leave for Alexandra (1hr 20min drive) – Slowest 12 riders and top 10 from each category

8.40am: Wave 2 Shuttles leave for Alexandra (1hr 20min drive)9.00am: Wave 3 Shuttles leave for Alexandra (1hr 20min drive)

10.15am: First Riders on course

2.30pm-4.30: Riders finishing at Monteith's Brewery – you get a burger here and chill out for a while

4.00pm-5.30pm: Shuttles leaving back to Queenstown (1hr drive)

5.00pm+ SLIMPIO TECH tent set up at Pinewood Lodge

7.00pm: Wave 1 Dinner at Pinewood Lodge (for vans that lefts Alexandra first)
7.20pm: Wave 2 Dinner at Pinewood Lodge (for vans that left Alexandra middle)
7.40pm: Wave 3 Dinner at Pinewood Lodge (for the last vans to leave Alexandra)

8.00pm: Briefing for next day and slideshow to show

#### FRIDAY MARCH 1 - (Queenstown)

7.15am: Volunteers Breakfast

7.30am-8.30am: Breakfast – self seed yourselves anytime between 7-8am

9.00–9.45am: Riders start leaving Pinewood

1.00–3.15pm: Riders finishing – celebrations and beer at Pinewood Lodge

1.00pm+ Collect bike boxes/bags and take to your room

6.00pm: Dinner and Celebrations start at Brazz Restaurant and Bar (1 Athol St) – 5-8min walk into town

7.30pm: Awards 8.00pm+: Party!

#### SATURDAY MARCH 2 - (Departure Day)

On your own for breakfast

9.00am: Shuttles/transport leaving back to Christchurch if needed

#### COURSE DETAILS

To the good stuff! We are not releasing any of the specific course details until race day, that's what this is all about, keeping it exciting, riding blind and making sure the locals don't get an advantage of those traveling from afar! Here are just some stats, average's and a guide to keep you going and entertained!

**NOTE:** Course maps go up at dinner each night for the next days course. At the start of each stage on course, there will be a Stage Description that outlines how long the stage is, how much descending and climbing there is in the stage and any things that you might need to be aware of in the stage.

#### Day 1: Craigieburn

- Alpine Riding, Beautiful Scenery (if not clouded in!), mix of trail types from traversing exposed trail, to high speed flow, to roots, and loose dirt. This day has a little bit of everything and depending on the weather will depend on how it rides. A solid day of climbing today
- Approx 30km, Approx 1450m of climbing, Approx 4-6hr day

#### Day 2: Craigieburn

- We have a big drive this day so the riding will be a little bit of a shorter day, after the big day yesterday and what will be a big day tomorrow, you will appreciate a shorter day today!
- Approx 25km, Approx 800m of climbing, Approx 2.5 3.5hr day

#### Day 3: Queenstown

- This is pure alpine riding, with crazy scenery and a mix of open tussock flow trails with a bit of technicality to through in the there to keep you on your toes.
- Those with true distance stamina will shine on this day as there a few longer descents
- The last stage will be the steepest and toughest of the day, so save some energy
- Approx 33km, Approx 1300m Climbing and a whopping 3000m of Descending, Approx 5hr day

#### Day 4: Alexandra (on private land)

- This day is different to all the rest. You will be riding dry and rocky terrain today but stupidly fun trails!
- The locals have created an art with trail building and incorporating rock features and the use of terrain into all their trails
- This will be the day to back it off a little as these trails aren't ridden to the extend of others and you need to keep your eye closely on where the trail goes before you find yourself unsure of where you are!!
- Its also on its own climate gauge and the heat can really creep up and there are no trees or shade on course so be warned and ready and hope for a cooler cloudy day.
- Approx 30km, Approx 1200m of Climbing and Descending, Approx 3.5 4.5hr day

#### Day 5: Cardrona Area

You will enjoy a few lift assisted stages today, but you will still have to earn your turns!

#### Day 6: Queenstown

- It's the last day and I am sure you will all be feeling a little shattered, but hang in there as its going to be worth it
- That's all we are going to say about this day
- Approx 20km, Approx 1200m of Climbing and 1700m of Descending, Approx 2.5-4hrs day

### ACCOMMODATION & ROOMING LISTS

These details are in the newsletter

## AIRPORT PICKUP DETAILS & LISTS

These details are in the newsletter